



VALUE ADDED COURSE

Name of Course	: Preventive Health & Nutraceuticals: Emerging Trends In Biochemistry
Department	: Biochemistry
Course Code	: VAC - 56
Duration	: conducted for 16 hours in a month i.e. 4 hours on 4 consecutive Saturdays from 1 pm to 5pm
Program Dates	: 6 th -27 th August 2022 03 rd - 24 th September 2022 05 th - 26 th November 2022
Course Content	: <u>LECTURE & PRACTICAL TRAINING SCHEDULE:</u>) DAY 1- Nutrition- An Introduction & Scope, Macromolecules & Micro molecules Variations In Diet) DAY 2- Vitamins & Minerals- Clinical Basis Of The Deficiency Of The Nutrients) DAY 3- Diet In Health & Disease And Importance Of A Balanced Diet) DAY 4- Undernutrition & Obesity, Food Adulteration Nutrition As A Treatment.
Eligibility	: MBBS students- 1 st year
Fees	: Nil
Last Date for Registration	: 20 TH APRIL 2022

COURSE COORDINATOR

Dr. Juhi Aggarwal
Professor & Head
Dept of Biochemistry.
(9990104307)